SEDBERGH SWIMMING CLUB

CLUB MEMBERSHIP INFORMATION 2026-27

Eligibility:

Sessions are available for Members of Sedbergh Swimming Club that either live in Sedbergh or an adjoining parish. All sessions are for members only with occasional visits by guests who are accompanied by a member.

Session times:

- Tuesdays 6.30 pm – 7.30 pm Children's lessons (term time only)
- Thursdays 6.00 pm – 7.30 pm Children's lessons (term time only)
- Thursdays 7.30 pm – 8.30 pm, 3 lanes (slow, medium and fast). Adults and family swim 7.30 pm - 8.00 pm then adults only 8.00 pm – 8.30 pm (term time only)
- Saturdays 10.00 am – 11.00 am, Open swim all ages with 1 lane available (term time only) * *a designated area for parents with baby/toddler. Club teacher/lifesaver available for tips/advice plus use of teaching kits upon request.
- If you are over 60 and have paid for full membership you will also be eligible to attend the over 60s lunchtime swims that the Club operates. See separate Associate Membership Information for details.

Sessions dates:

The dates are on the Membership Card and on the Club's website under Membership.

Membership fee:

September-September. 2026-2027: £40.00 adults and 25.00 juniors*

** If you want to commence membership part way through the year, please contact the Swimming Club via email regarding fees. Email – Sedberghswimmingclub@gmail.com*

Renewal of the membership will be required in September each year. This needs to be paid in advance. A new membership form will need to be completed by each individual member. Sedbergh Swimming Club reserves the right to refuse renewal of the membership.

Swimming lesson fees:

£40 per term, average of nine lessons. Advance payment required on the first day of each term*

** If the lessons commence part way through the year, please contact the Swimming Club via email regarding fees. Email – Sedberghswimmingclub@gmail.com*

Member session fee:

2026-2027: £4.00 adults, £3.00 juniors, children under 3 free. An occasional guest of a member will pay double. Payment in cash should be paid to the duty lifesaver at poolside please.

Payments:

Advance payments for membership can be paid via BACs, in cash at poolside or by cheque to Sedbergh Swimming Club, Barclays, sort code: 20 45 28, account: 60789402.

October 2026

Equipment:

Children are required to wear a swimming cap during swimming lessons. Our swimming teachers also recommend that swimming goggles are worn.

Bathing load:

For safety reasons the total bathing load for each session will be 30. If there is no space available, the duty lifesaver will request that you wait on the side of the pool until a suitable place arises.

Communication:

- Email: Sedberghswimmingclub@gmail.com
- Facebook: Sedbergh Swimming Club has a private Facebook page.
- Website: www.sedberghswimmingclub.co.uk

Disclaimer:

Membership and session fees are reviewed annually at the Club's Annual General Meeting, and if required through the year.